

Web Portal Access Directions



Registration is open August 2 – October 31, 2017; *specific on-site appointment scheduling availability varies by location.* Get started by visiting www.bravowell.com/ardent.

Step 1: If you are a returning user and registered during the last screening event, select **Log In** located to the left of the page and enter your username and password. If you have forgotten your username and password, help links are available to retrieve or reset your information. Then proceed to Step 3.

If you are creating an account for the first time, select **CREATE ACCOUNT** located in the middle section to begin the registration process.

Under **CREATE ACCOUNT** enter the requested criteria and click **CONTINUE**.

First Name Use your legal name	<input type="text" value="First Name"/> <small>Please omit any hyphens, apostrophes, or punctuation</small>
Last Name	<input type="text" value="Last Name"/> <small>Please omit any hyphens, apostrophes, or punctuation</small>
Date of Birth	<input type="text" value="mm/dd/yyyy"/>
SSN <small>This is required to match you with information provided by your employer.</small>	<input type="text" value="Last 4 Digits of SSN"/>
CONTINUE	

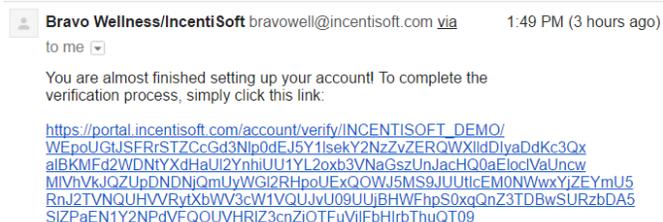
Step 2: Enter your email, password, security question, security answer and time zone, and click **CONTINUE**.

You will see two yellow boxes. One informing you a verification link has been sent to the email address you provided and a second box confirming your account was created successfully.

A verification link has been sent to the new email address. If you do not receive the email, please check any spam or junk email folders. ✕

Account created successfully ✕

Before scheduling, you must click on the link in the email you received to verify your account.



By clicking on the link, you will be directed to your dashboard page and prompted to enter your email and password. Click **LOG IN**.

Log In

Email or username	<input type="text" value="Email or username"/>	Forgot Username
Password	<input type="password" value="Password"/>	Forgot Password
<input type="checkbox"/> This is a private computer, remember my username.		
LOG IN		

Protect Your Information

When you are finished using this website, please **log out of your account** in order to protect your personal information.

Step 3: Click **GET STARTED** to begin registration.

1

Registration

This is the big one. You won't be able to complete your journey without this.

Due by 12/31/2017

GET STARTED

Review and provide the required information. After reading the participant notice and consent, select that you have read the notice and consent and click **SUBMIT**.

You must complete this step in full before you can schedule a screening appointment.

Click **CONTINUE**.

Step 4: Click **GET STARTED** to complete the health screening step.

2 Health Screening

Schedule a screening, download documents, and other available tasks

Due by 12/31/2017

GET STARTED

Schedule a screening

In order to complete your program you must choose **ONLY ONE** of the following:

Schedule Screening Appointment	SELECT
Download Form Screening Form Instructions	LABCORP VOUCHER / INSTRUCTIONS DOWNLOAD SCREENING FORM UPLOAD FORM

Choose the appropriate screening option.

For on-site screenings, choose a location, date and time that's most convenient for you by clicking **SELECT**.

Step 5: Click **GET STARTED** to start your health risk assessment.

3 Health Risk Assessment

A personal evaluation of your current lifestyle and health habits. We'll use your answers and your screening results to give you your five-year risk for key preventable diseases.

Due by 12/31/2017

GET STARTED

Answer the health risk assessment questions to the best of your ability. Completing all of these questions will produce a full, comprehensive report.

Once complete, click **SUBMIT**.

To download the appropriate form to take to your doctor, choose the **DOWNLOAD SCREENING FORM** option. Print this document as you'll need to take it with you to your appointment.

After you have screened, you can upload your completed form by clicking **My Profile** on the left navigation menu. Select the form type, choose your file to upload and click **SUBMIT**.

Step 6: In order to ensure the protection of your confidential information, click **Log Out**.

After you have completed your health screening:

Return to www.bravowell.com/ardent to review your results, using your established email and password.